

THE UNIVERSITY OF REGINA CENTRE ON AGING AND HEALTH 2023-2024 DISTINGUISHED PUBLIC LECTURE:

AGEISM UNMASKED

THURSDAY, MARCH 7, 2024
6:30 PM



Dr. Gendron will be available to autograph her book, which will be offered for sale outside the lecture theatre (credit or debit only).

DR. TRACEY GENDRON

Virginia Commonwealth University

Dr. Tracey Gendron is the Chair of the Virginia Commonwealth University Department of Gerontology and Director of the Virginia Center on Aging. She is also the author of the book "Ageism Unmasked: Exploring Age Bias and How to End It". She is an internationally recognized gerontologist with almost 30 years of experience as a grant-funded researcher and speaks to audiences globally about the real world impact of age bias.

**OPEN TO THE PUBLIC.
ADMISSION IS FREE.**

Free parking available at all M and Z lots after 5:00 pm.

**MAP UNIVERSITY THEATRE (Riddell Centre)
University of Regina Main Campus**

This presentation translates decades of research on age discrimination into actionable steps to overcome ageism and ableism both personally and professionally. Dr. Tracey Gendron explores the forces that have shaped our understanding of aging and what it means to be old. We will examine the deficiency in the understanding and acknowledgement of elderhood as a stage of development. To create a culture built on age-inclusion, a new image of aging is needed to disrupt ageist and ableist thought and behavior within ourselves, communities, policy and culture.

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