

Reducing Conspiracy Thinking: What Actually Works?



1. Promote Analytic and Critical Thinking

2. Avoid Ridicule and Emotional Appeals



3. Understand Thinking Styles

Sources:

- 1) Orosz, G., Krekó, P., Paskuj, B., Tóth-Király, I., Bőthe, B. & Roland-Lévy, C. (2016). Changing Conspiracy Beliefs through Rationality and Ridiculing. *Frontiers in Psychology*, 7. <https://doi.org/10.3389/fpsyg.2016.01525>
- 2) Stojanov, A. (2015). Reducing conspiracy theory beliefs. *Psihologija*, 48(3), 251-266. <https://doi.org/10.2298/PSI1503251S>
- 3) Swami, V., Voracek, M., Stieger, S., Tran, U. S. & Furnham, A. (2014). Analytic thinking reduces belief in conspiracy theories. *Cognition*, 133(3), 572-585. <https://doi.org/10.1016/j.cognition.2014.08.006>